



## money:course

A free course to help you manage your money better and learn to budget, save and spend well.

**I came to the course a bit lost and stressed and I have left feeling in control. I can see the way forward.**

**It has been an education in money I have never received and I appreciate it very much.**

Quote from previous Greenock CAP Money Course

**[capmoneycourse.org](http://capmoneycourse.org)**